

# Global Cafe

Eat well, Live well

**March 02-06, 2026**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1) ASIAN MEAL</b>	Stewed Pork with Radish, Rice Thịt kho củ cải, Cơm	Cá nưừ kho thơm Braised fish with pineapple	Crispy Chicken with Basil Honey Mayo, Rice Gà chiên giòn sốt Mayo mật ong	Stir-Fried Beef and Vegetables, Rice Bò xào rau củ	Braised Chicken with Ginger, Rice Gà kho gừng
<b>2) WESTERN MEAL</b>	Chicken Broccoli Pasta Casserole Nui gà bông cải xanh phô mai đút lò	American Cheese Burger with French Fries Burger bò phô mai, khoai tây chiên	Nui sốt thịt viên Minced Pork macaroni	Porchetta (Italian Pork Roast), Smashed potatoes Thăn heo nướng kiểu Ý, khoai tây nghiền	Fried fish with cocktail sauce [e,f,g] Cá chiên xù sốt Cocktail
<b>3) VEGETARIAN MEAL</b>	Stir fried Tofu & mushroom Đậu hũ xào nấm	Cheese Omlettes [e,d] Trứng chiên phô mai	Eggplant Parmesan with Rice [e,g,m] Cà tím nướng phô mai Parmesan	Spaghetti with Napoli Sauce [g,e] Mỳ ý sốt cà chay	Sweet and Sour Vegetable tofu Rau củ đậu hũ chua ngọt
<b>4) GLOBAL FOOD</b>	Korean Spicy Tokbokki with Fish Cake and Boiled Egg Bánh gạo cay Hàn Quốc với chả cá và trứng luộc	Mexican Chicken Fajita/Tofu Coriander Rice Bowl with Garlic Saue Cơm sốt ngô Mexico gà xào ớt chuông/Đậu hũ với Sốt tỏi	DIY Deli Sandwich with Wrap/hotdog bun Ham/Chicken Cheddar cheese/Shredded Mozarella	Japanese Stir-fired Udon Noodles with Pork/Tofu Mì Udon xào thịt heo/Đậu hũ	Vietnamese Grilled pork broken rice with sunny side egg Cơm tấm sườn nướng, trứng ốp lạ
<b>5) SALAD BAR</b>	Mixed Italian Salad	Asian/Vietnamese Salad	Mediterranean Salad	Middle Eastern Themed Salad	Tex Mex Salad
<b>6) MORNING SNACK (along with yogurt, milk or juice)</b>	Pulled Chicken Sourdough Baguette with Side Veggies Bánh mì gà xé U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Chicken Noodle Soup Phở gà U6 Crepe with Fruit and Honey Bánh Crepe trái cây mật ong	Grilled Meat Noodles Bún thịt nướng U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Rice Noodles in Tomato Broth Bún Riêu U6 Toast with jam Bánh nướng với mứt	Brown Bread Sandwiches with ham and Cheese Sandwich kẹp ham cheese U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây
<b>7. AFTERNOON SNACK (along with yogurt, milk or juice)</b>	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce	Pate Chaud Bánh ngàn lớp nhân thịt U6 Fresh Fruit and Vegetables Sticks with Sauce	Brioche with seeds Bánh mì hoa cúc với hạt U6 Fresh Fruit and Vegetables Sticks with Sauce	Cheese Croissant Bánh con của nhân phô mai U6 Fresh Fruit and Vegetables Sticks with Sauce	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce

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March 09-13, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1) ASIAN MEAL</b>	Chicken and Sweet Potato Curry with Rice Cà ri gà khoai lang	Roasted Pork Char-siu, Singapore Fried Noodles with Egg [e] Mì xào singapore, thịt xá xíu	Stir-fried Minced Meat with Wood Ear Mushrooms, Rice Thịt băm xào mộc nhĩ, Cơm	Braised chicken with Vietnamese Basil Gà kho lá quế	Deep Friced red tilapia with fish sauce Cá diêu hồng chiên nước mắm chua ngọt
<b>2) WESTERN MEAL</b>	Cajun Spiced Fish Fillet with Rice[g,e,f,m] Cá basa nướng Cajun	Stewed beef with green pepper Bò hầm tiêu xanh	Chicken Carbonara with Penne Nui ý gà sốt kem	Pork Schnitzel with Gravy, Mashed Potatoes [e,g] Thịt heo chiên sốt nâu, khoai tây nghiền	Spaghetti Bolognese [g] Mỳ ý sốt Bolognese
<b>3) VEGETARIAN MEAL</b>	Hoisin Tofu with Rice Đậu hũ sốt tương ngọt	Sunny Side Fried Egg Trứng ốp la	Caramelised Mushroom, tofu Carrots and Vegetables with Rice Nấm rơm kho đậu hũ	Braised Vegetable Loaf with Soy Sauce [m, sb] Chả chay kho nước tương	Sicilian Spaghetti alla Norma. Mỳ ý rau củ chay
<b>4) GLOBAL FOOD</b>	Pad Thai with Pork/Tofu Pad Thai thịt heo/Chay	Teriyaki Salmon with Wasabi Mayo, Edamame, Rice Cơm cá hồi nướng Teriyaki với sốt Wassabi Mayo, đậu nành Nhật	Taco Shell with Fajita stir-fried Chicken/Tofu Bánh taco với gà xào ớt chuông/Đậu hũ	Chickpea Curry with Naan Bread Cà ri đậu gà với bánh Naan	Assorted Sushi Rolls [e] (Vegetarian Option) Cơm cuộn Nhật (Có chay)
<b>5) SALAD BAR</b>	Mixed Italian Salad	Asian/Vietnamese Salad	Mediterranean Salad	Middle Eastern Themed Salad	Tex Mex Salad
<b>6) MORNING SNACK (along with yogurt, milk or juice)</b>	Hot dog with Pork Sausage Bánh kẹp xúc xích U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Sliced Pork Noodle Soup Hủ Tiếu Thịt Heo U6 Rice Milk Gạo nấu sữa	Fried Spring Roll Noodles Bún chả giò U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Vietnamese Hue's Style Noodle Soup Bún Bò Huế U6 Sandwich with Scramble Eggs Sandwich trứng đánh	Burrito Bánh cuộn trứng, thịt nguội, phô mai U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây
<b>7. AFTERNOON SNACK (along with yogurt, milk or juice)</b>	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce	Hamcheese roll Bánh mì cuộn Ham cheese U6 Fresh Fruit and Vegetables Sticks with Sauce	Open face grilled cheese with tomato Bánh mì nướng phô mai và cà chua U6 Fresh Fruit and Vegetables Sticks with Sauce	Chocolate Roll Bánh cuộn sô cô la U6 Fresh Fruit and Vegetables Sticks with Sauce	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce

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March 16-20, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1) ASIAN MEAL</b>	Fried Fish Ball with Sweet & Sour Sauce [f] Cá viên chiên sốt chua ngọt	Vietnamese Meatball in Tomato Sauce with Rice Xú mại sốt cà	Fried Chicken Wings with Fish Sauce, Rice Cánh gà chiên nước mắm	Sauteed beef with vegetable Bò xào thập cẩm	Cajun Spiced Basa Fish with Rice [g,e,f,m] Cá basa nướng Cajun
<b>2) WESTERN MEAL</b>	Healthy American Goulash [m,e,g] Nui sốt bò hầm rau củ	Crispy Chicken Burger with Honey Mustard Coleslaw, French Fries [g,d] Burger gà	Pork Tenderloin in Creamy Mushroom Sauce and Pasta [g,d] Mỳ ý thịt heo sốt kem nấm	BBQ Chicken thighs and Potatoes nướng Gà nướng sốt BBQ ăn kèm khoai tây	Pork Ribs and Roast Potatoes sườn heo nướng kèm khoai tây nướng
<b>3) VEGETARIAN MEAL</b>	Spaghetti aglio e olio. Mỳ ý sốt olive và tỏi	Grilled Vietnamese Eggplant with Rice [f, sb] Cà tím nướng mỡ hành	Stewed Tofu with caramel Đậu hũ kho tiêu	Mushroom Eggs Loaf. Chả trứng chay	Veggie Sichuan Tofu Đậu hũ sốt Tứ Xuyên
<b>4) GLOBAL FOOD</b>	Korean Bibimbap-korean mixed rice bowl Cơm trộn Hàn quốc	Germany Sausages with Rosemary and Garlic Baked Potato Wedges Xúc xích Đức với khoai tây múi cau nướng	Ha noi Style Grilled pork with noodles Bún chả Hà Nội	Thai Stir-fried Pork/Tofu with Basil Leaves, Rice Cơm Thịt Heo/Đậu hũ xào lá hương nhu kiểu Thái	Pasta Bar with Spaghetti/Penne, Cream/Tomato Sauce, Chicken/Ground Beef/Chickpea Pasta tự chọn Mỳ ý/Nui Ý
<b>5) SALAD BAR</b>	Mixed Italian Salad	Asian/Vietnamese Salad	Mediterranean Salad	Middle Eastern Themed Salad	Tex Mex Salad
<b>6) MORNING SNACK (along with yogurt, milk or juice)</b>	Egg and Cheese Brown Sandwich Sandwich trứng và cheese U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Quang Noodles Soup Mì Quảng U6 Crossant with Jam Bánh sừng trâu với mứt	Stir-fried Vietnamese Macaroni with Pork Nui xào thịt heo U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Pork Ball vermicelli soup Bún mọc U6 Pancake with jam Bánh Pancake với mứt	Chicken Quesadilla Bánh kẹp gà phô mai U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây
<b>7. AFTERNOON SNACK (along with yogurt, milk or juice)</b>	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce	Beef Puff Bánh nhân thịt bò U6 Fresh Fruit and Vegetables Sticks with Sauce	Veggie Cup with Tatziki Ly rau củ với sốt sữa chua U6 Fresh Fruit and Vegetables Sticks with Sauce	Apple Turnover Bánh nhân táo nướng U6 Fresh Fruit and Vegetables Sticks with Sauce	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce

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March 23-27, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1) ASIAN MEAL</b>	Fried fish with Frish garlic sauce Cá chiên mắm tỏi	Salty Fried Pork Chops, Rice Cốt lết ram mặn, Cơm	Braised Pork Belly with Tofu Thịt Heo Kho Đậu Hũ	Stir-fried beef with Pickle Bò xào cải chua	Roasted Chicken Drumstick Rôtissoire Đùi gà nướng Rô ti
<b>2) WESTERN MEAL</b>	Spaghetti and Grilled Chicken with Pesto Cream Sauce and Vegetables [g,e,m] Mỳ ý gà nướng sốt kem pesto	Breaded Fish with Gravy, Smashed Potatoes Cá chiên xù, Sốt nâu, Khoai tây nghiền	Crispy Western Fried Chicken with French Fries [g,e] Gà chiên giòn và khoai tây chiên	Sausage and baked bean with Fried Wedges Xúc xích nấu đậu, khoai tây múi cau chiên	German Beef Schnitzel with a Mushroom Sauce, Roasted Potatoes and Veg [m,e,g] Bò chiên xù với sốt nấm, Khoai tây nướng
<b>3) VEGETARIAN MEAL</b>	Spaghetti a with Pesto Mỳ ý sốt kem pesto chay	Fried Eggs w/t Vegetables [v ] Trứng chiên rau củ	Mac N Cheese [d,g,m] Nui ý sốt phô mai dứt lò	Caramelised Mushroom, Carrots and Vegetables with Rice Nấm kho rau củ	Lemongrass Tofu with Rice [sb] Đậu hũ chiên sả
<b>4) GLOBAL FOOD</b>	Korean Fried Mandu/Steamed Chinese Dumplings (Vegetarian Option) Mandu chiên/Há cảo hấp (Có chay)	Vietnamese vermicelli with Vegetarian Fried spring rolls/Grilled meat Bún chả giò chay/Bún thịt nướng	Beef Lasagna/Vegetarian Lasgana Lasagna bò/Lasgana chay	Korean Gochuchang Chicken/Tofu Rice with miso Dressing Cơm thịt gà chiên giòn/Đậu hũ sốt Gochuchang Hàn quốc và sốt Miso	Assorted Sushi Rolls [e] (Vegetarian Option) Cơm cuộn Nhật (Có chay)
<b>5) SALAD BAR</b>	Mixed Italian Salad	Asian/Vietnamese Salad	Mediterranean Salad	Middle Eastern Themed Salad	Tex Mex Salad
<b>6) MORNING SNACK (along with yogurt, milk or juice)</b>	Egg & Bacon English Muffin Bánh mì trứng thịt nguội U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Beef Noodle Soup Phở bò U6 Brioche with Seeds Bánh mì hoa cúc có hạt	Steamed thin rice with Pork Loaf Bánh ướt chả lụa U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Wonton soup with Noodles Mi Hoàn Thánh U6 Crepe with Fruit and Honey Bánh Crepe trái cây mật ong	Ham cheese Croissant Bánh sừng trâu kẹp phô mai thịt nguội U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây
<b>7. AFTERNOON SNACK (along with yogurt, milk or juice)</b>	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce	Hotdog Roll Bánh cuộn xúc xích U6 Fresh Fruit and Vegetables Sticks with Sauce	Open face egg salad sandwich Bánh mì nướng salad trứng U6 Fresh Fruit and Vegetables Sticks with Sauce	Orange Chia Seed Muffin Bánh muffin cam hạt Chia U6 Fresh Fruit and Vegetables Sticks with Sauce	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce

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March 30 - April 03, 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1) ASIAN MEAL</b>	Fried fish with lemongrass & turmeric Cá chiên sả nghệ	Stirfried Pork Korean style Thịt heo xào kiểu Hàn Quốc	Vietnamese Stir-fried Lemongrass Chicken Gà xào sả	Pork Ragu and Potatoes, Carrots, Rice Thịt heo hầm ragu với khoai tây, cà rốt	NO SCHOOL
<b>2) WESTERN MEAL</b>	Creamy Chicken and Mushroom Pasta [m,g] Nui gà sốt kem nấm	Spaghetti Bolognese [g] Mỳ ý sốt Bolognese	Stir-fried Sausages with Sweet & Sour Sauce Xúc xích xào sốt chua ngọt	Fish & Chips Cá chiên giòn và khoai tây chiên	NO SCHOOL
<b>3) VEGETARIAN MEAL</b>	Caramelized king oyster mushroom Nấm đùi gà ram	"Cheese Omlettes with Vegetables[e,d] Trứng chiên phô mai rau củ"	Vegetarian Curry with Steamed Rice Cà ri chay	Vegan Jambalaya with Beans Cơm xào đậu Nam Mỹ	NO SCHOOL
<b>4) GLOBAL FOOD</b>	Tonkatsu/Tofu katsu Bowl with Rice Cơm Thịt Heo/Đậu hũ chiên xù sốt Tonkatsu kiểu Nhật	Beef Kofta/Falafel Rice Bowl with Hummus Cơm thịt bò viên/Đậu gà chiên với sốt Hummus	Grilled Pork, Fine rice vermicelli Bánh hỏi heo quay	Hawaiian Pizza/Magharita Pizza Pizza Hawa/Pizza sốt cà phô mai	NO SCHOOL
<b>5) SALAD BAR</b>	Mixed Italian Salad	Mediterranean Salad	Middle Eastern Themed Salad	Tex Mex Salad	NO SCHOOL
<b>6) MORNING SNACK (along with yogurt, milk or juice)</b>	Katsu Breaded Chicken Wrap [g] Wrap gà chiên Bánh cuộn gà chiên U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Thai's Style Noodle Soup Bún Thái U6 Toast with jam Bánh nướng với mứt	Vietnamese Thick Noodle Soup Bánh canh thịt heo U6 Muesli with Fruit and yogurt sữa chua ngũ cốc trộn trái cây	Baguettes with Egg and bacon Bánh mì trứng bacon U6 Rice Milk Gạo nấu sữa	NO SCHOOL
<b>7. AFTERNOON SNACK (along with yogurt, milk or juice)</b>	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce	Oatmeal Cookie Bánh quy yến mạch U6 Fresh Fruit and Vegetables Sticks with Sauce	Energy Bar Thanh năng lượng U6 Fresh Fruit and Vegetables Sticks with Sauce	Fresh Tropical Fruit Trái cây theo mùa U6 Fresh Fruit and Vegetables Sticks with Sauce	NO SCHOOL

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